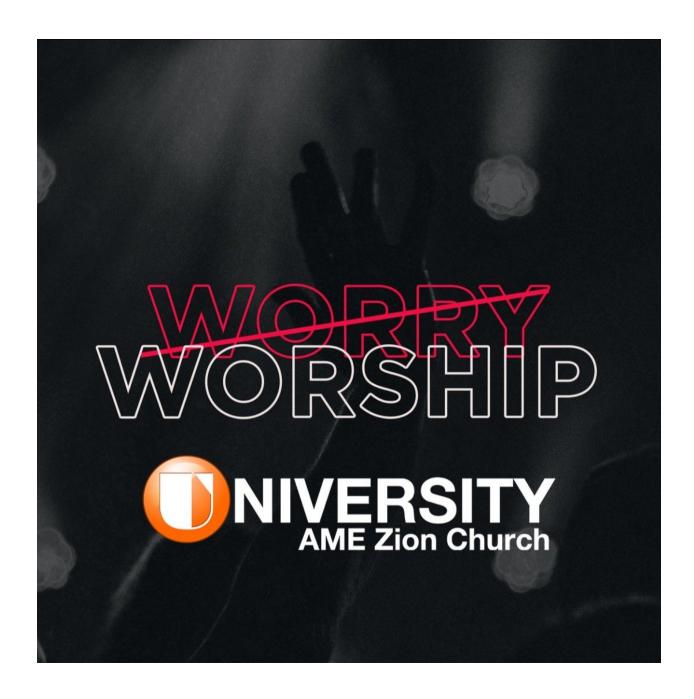


6 Actions you can take to be a light to someone during the Coronavirus Outbreak.

- 1. Reach out to Seniors and the medically fragile and check on them, offer to run errands, so they don't have to expose themselves to unnecessary risk.
- 2. Reach out and encourage a college student. Many of them have had their entire lives disrupted because their schools are closing and they have to move out

- 3. Reach out to parents that now have to find arrangements for their children who are out of school for several weeks unexpectedly.
- 4. Encourage a medical professional; they are risking their lives to treat the sick and are dramatically under-resourced.
- 5. Check-in on public servants who are on the frontline. Many of them are working overtime, under a lot of pressure to meet a challenge which no one alive has seen before. An encouraging text or prayer can help right about now
- 6. Stay in community with other believers. Take advantage of virtual opportunities to connect with others who share your faith.



How to get the most out of Virtual Worship

We know watching church service online can seem distant and impersonal, so we put together a list of tips to help you get the most out of this experience.

Here are simple tips to get more out of virtual worship:

MAKE IT COMMUNAL: As you get ready to watch a service on live stream, don't do it alone. Invite those in your house to join in watching the worship service, invite friends and family to watch it even if they're not in the same house, or start a watch party on Facebook.

GET IN THE RIGHT MINDSET: Say a prayer before you start watching, asking God to allow you to be brought to a place of worship, where you can experience his glory and presence.

REMOVE DISTRACTIONS: Treat this time as special and Holy. Stop scrolling, turn off the news, don't multitask, let those around you know that this time is sacred, and you shouldn't be disturbed. You will get so much more out of this experience if you focus and allow yourself to connect with the worship and God in a new way.

INTERACT WITH THE SERVICE: When you start watching, say hi in the chat and let people know where you're from, type in your prayer request, respond to the praise team, and preacher with emojis and gifs. We are a community, and we want to hear from you.

PARTICIPATE IN THE WORSHIP: Sing along with the music team, clap your hands, open your mouth in prayer and praise, write notes from the sermon. The service is not a show to be watched, but an experience that you are an essential part of.

SUPPORT OUR MINISTRY: During these difficult times as you're watching University, we really need your financial support. You can give the following ways:

ONLINE: https://www.universityamez.com/giving

Text to give: Simply text the word Give with the amount (e.g. Give 100) to (650) 409-5960.

Mail: University AME Zion Church, attn: Steward Board, 3549 Middlefield Rd, Palo Alto, CA 94306.

See you Sunday at 9:30 am at https://www.facebook.com/universityamez/



Getting the most out of Virtual Groups in the Church

Can't leave the house?
The church is now going virtual?
Bible Study on Zoom?
Small-Group Zoom?

How do I use Zoom?

How do I get the most out of Zoom?

Here are 8 steps to help you get the most out of the Zoom experience:

GET IN THE RIGHT MINDSET: Say a prayer before you start watching, asking God to allow you to be brought to a place of gathering, where you can experience God's glory and presence in the community.

REMOVE DISTRACTIONS: Treat this time as special and holy. Stop scrolling, turn off the news, don't multitask, let those around you know that this time is sacred, and you shouldn't be disturbed. You will get so much more out of this experience if you focus and allow yourself to connect with the community and God in a new way.

GETTING STARTED: Make sure your computer's camera and audio are on. Test your video and audio before your meeting at zoom.us/test.

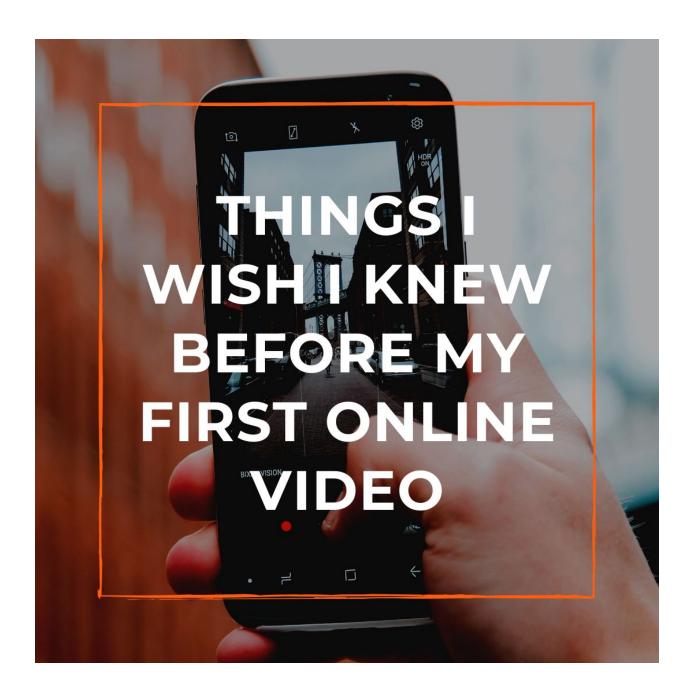
BE SEEN: If you can, turn your camera on! It's easier to interact with one another when we can see one another. Have your device placed were it is comfortable to look directly at the screen (not at other participants or yourself, I know it's tempting!), and where you can see other participants. Have your device's camera at your eye level.

BE HEARD: It may feel awkward at first, but don't be scared to speak. Speak as clearly as you can at towards your device so it can pick up your voice.

AND HEAR OTHERS: Don't forget to mute your audio if you're not speaking. Make sure background noise is at a minimum since device microphones are surprisingly sensitive. If you're in a setting where there are other people present, use headphones.

LET A LIGHT SHINE: Make sure you have good lighting so you can be seen and see others better! Make sure not to sit in front of a window, as intense background lighting will wash you out.

FINALLY, BE YOU: Be you, be comfortable, and be comfy. We're still meeting in our communities who love us as we are. Join in from your sofa, your dining table, your working desk, or your kitchen counter.



The things I wish someone told me before I did my first online video.

1.) **Camera Angle Matter**: Bring the camera up to eye level, nobody wants to look in someone's nose or look down on their hair. If possible, invest in a cheap tripod to start with.

- 2.) **Clean your camera lens**: Your video quality can be dramatically improved if you clean the lens on your device.
- 3.) Backdrop is Critical: Make sure your background is neat and clean
- 4.) **Lighting is Needed**: Makes sure you have sufficient lighting in the room you don't want some looking at shadow

https://www.amazon.com/Neewer-Dimmable-Adjustable-Tabletop-Photography/dp/B07T8FBZC2/ref=sr_1_3?crid=3DVIV3TWT9FFZ&dchild=1&keywords=video+lights+for+filming&qid=1584741832&sprefix=Video+Light%2Caps%2C204&sr=8-3

https://www.amazon.com/dp/B07D8TTFSR/ref=sspa_dk_detail_6?psc=1&pd_rd_i=B07D8TTFSR&pd_rd_w=gAFZY&pf_rd_p=48d372c1-f7e1-4b8b-9d02-4bd86f5158c5&pd_rd_wg=MMTzo&pf_rd_r=115YKVF9 TV3RN3HQH5NV&pd_rd_r=94675867-f666-49f3-a7ff-da84c7fd24a7&spLa=ZW5jcnlwdGVkUXVhbGlma WVyPUExUDRRT1FDRjhZVENKJmVuY3J5cHRIZEIkPUEwNDYzNzk0MVIRRVM3NTdFUktBVCZlbmNyeXB0Z WRBZEIkPUEwODcwMTc0MkxQVlgzTkRURTNCWiZ3aWRnZXROYW1IPXNwX2RldGFpbCZhY3Rpb249Y2xp Y2tSZWRpcmVjdCZkb05vdExvZ0NsaWNrPXRydWU=

5.) **Audio is Important**: If your audio is not good people won't be able to follow you. Make sure you minimize background noise, and if possible, use an external mic

https://www.amazon.com/Professional-Omnidirectional-Recording-Condenser-Microphone/dp/B07XRS 1RDC/ref=sr_1_3?dchild=1&keywords=iPhone+mics&qid=1584741685&sr=8-3

https://www.amazon.com/Shure-MV88-Digital-Condenser-Microphone/dp/B010W6W8OW/ref=sr_1_5 ?dchild=1&keywords=iPhone+mics&qid=1584741721&sr=8-5

https://www.amazon.com/Rode-Wireless-Go-Microphone-Transmitter/dp/B07QGGBNMN/ref=sr_1_8?crid=3VO9YQY5DNT4A&dchild=1&keywords=rode+mic&qid=1584741744&sprefix=Rode%2Caps%2C211&sr=8-8

- 6.) Frame the shot: You want to make sure the camera is not too close to you or too far. Frame the shot so you head, and torso fit in neatly.
- 7.) Get accessories that will up your production:
 - 1.) Grips to stabilize camera

 $https://www.amazon.com/Shoulderpod-G2-Professional-Tripod-Smartphones/dp/B081S2DRNC/ref=sr_1_1?dchild=1\&keywords=shoulder+pod+g2\&qid=1584741967\&s=electronics\&sr=1-1$

2.) Cases and Lens to improve skills

 $https://www.shopmoment.com/?gclid=EAlalQobChMI7PTgsYiq6AlVmMBkCh1zxQTqEAAYASAAEgKmPfD_BwE$

3.) Watch YouTube to learn how to maximize your production

https://www.youtube.com/user/iphoneographers

https://www.youtube.com/watch?v=Co21Gw7zqNY

https://www.youtube.com/watch?v=FbNPM6wbpTc